

Need help?  
**We're here for you.**



**Call Us:**  
1-888-822-8469



**Email Us:**  
help@caresimple.com



**Learn More:**  
www.caresimple.com

**CareSimple™**

Manufactured for:  
BodyTrace, Inc.  
3505 El Camino Real  
Palo Alto, CA 94306  
USA

In case of a medical emergency, call 911.

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## Unexpected message?

Note: This is a subset of the total set of error codes. Please refer to <https://help.caresimple.com> for more information.

**Er 1** Your device's batteries are low. Please replace them with 4 AA batteries.

**Er 4**

**Er 5** Your scale can't connect. Try moving to a new location, upstairs or near a window.

**Er 6**

Contact support if you need help.

- For individual use only. Sharing the device will report erroneous values to your doctor.

- This device is pre-configured to transmit your data via a cellular connection to the CareSimple secured cloud that will be accessed by your doctor.

- Keep your device dry to avoid accidents/slipping.

- Do not leave your device in extreme temperatures or in direct sunlight.

- When handling the batteries, follow the instructions provided by the manufacturer.

**CareSimple™**

**Hello,**  
let's get you started  
with your new **scale.**

0.0



**Stay connected with your doctor, from the comfort of your home.**

This device was sent to you by your doctor. Weigh yourself daily or more, as recommended.

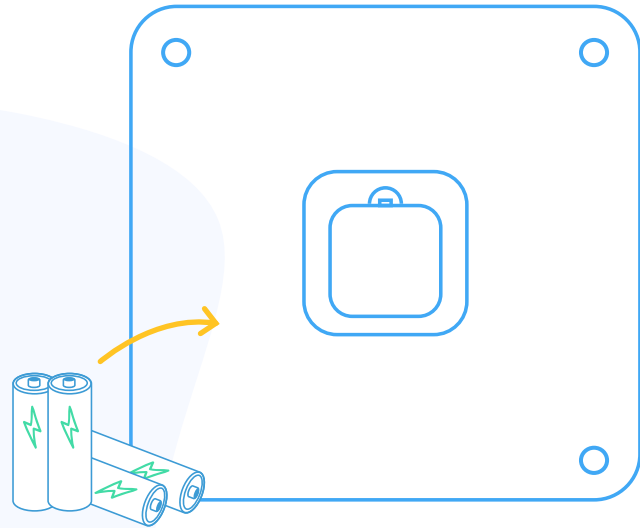
Note that by using the body weight scale you consent to share your data with your doctor.

## Ready?

### 1. Batteries

Turn over your scale and locate the battery compartment.

Insert the 4 AA batteries provided.



## Set...

### 2. Clothes off

Take your shoes and any heavy clothing off.

### 3. Wake up

To wake up your device, tap the center of the platform with one foot until you see dashes on the display.



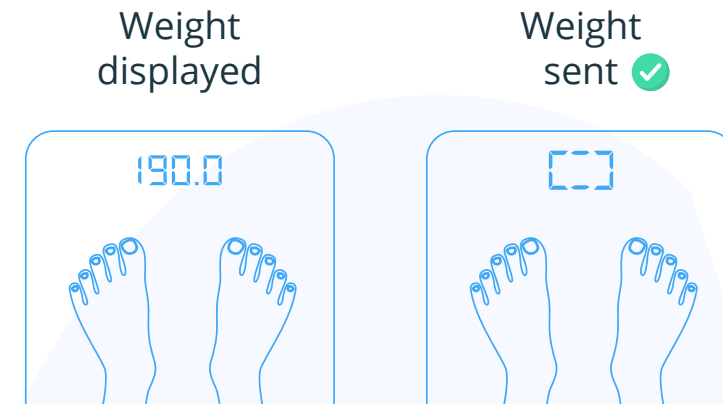
## Go!

### 4. Weigh in

Once the screen displays "0.0", step on the scale to weigh yourself.

When your weight is displayed, step off the scale.

A hatched box will form indicating the progress of your measurement being sent to your doctor.



Want to do more?

**Download our free app.**



Search for "CareSimple" on the App Store or the Google Play store.



App Store



Play Store

The app is optional, but allows you to:

- Communicate with your doctor
- Monitor your progress
- View your care plan